



Esta lista não é exaustiva. Se souberem de mais contactos de pessoas ou entidades, especialmente de língua portuguesa, agradecemos que nos enviem essa informação para: [geral@membercareportugal.pt](mailto:geral@membercareportugal.pt)

O **Member Care Portugal** não se responsabiliza pelo conteúdo do apoio oferecido pelas entidades e pessoas alistadas ou pela sua ética e conduta profissional. Apenas informamos acerca da disponibilidade de oferecerem seu serviço e apoio a pastores, missionários, líderes e as suas famílias.

#### **NETWORKS:**

<http://gmcn.globalmembercare.com>

<https://www.membercare.eu>

<https://daybreak-academy.org/member-care-centres-europe/>

#### **QUEM OFERECE MEMBER CARE:**

##### **Em Portugal:**

Vacilius e Mara Santos:

Descanso, Aconselhamento e Partilha Pastoral

<https://linktr.ee/vacilius.santos>

Tlm.: +351 930589374 e-Mail: [vaciussantos@membercareportugal.pt](mailto:vaciussantos@membercareportugal.pt)

Arlete Castro:

Psicóloga clínica e do aconselhamento especialização em Intervenção Terapêutica

Cuidado de filhos de missionários

<https://open.spotify.com/show/5Oov6lrgLPTv3YnUSWeJI5>

Tlm.: +351 916608315 e-Mail: [arlete.a.castro@gmail.com](mailto:arlete.a.castro@gmail.com)

Mena Santos Galvão:

Counselling

Tlm.: +351 914971340

<http://www.lisboacounselling.com>

António Rodolpho:

Espiritualidade, interculturalidade, vida e ministério

Tlm.: +351 916819003 e-Mail: [antonio.rodolpho@gmail.com](mailto:antonio.rodolpho@gmail.com)

Amrei Wehmeyer:  
aconselhamento cristão, revisão ministerial, descanso acompanhado  
Tlm.: +351 964667213 e-Mail: [amrei.wehmeyer@gmail.com](mailto:amrei.wehmeyer@gmail.com)

Robert Fife:  
vida familiar do pastor  
Tlm.: +351 917644401 e-Mail: [robertofife@gmail.com](mailto:robertofife@gmail.com)

Bertina Tomé:  
psicóloga clínica  
Tlm.: +351 916709069 (deixar mensagem escrita) e-Mail: [bertinatome@gmail.com](mailto:bertinatome@gmail.com)

Isabelle Ludovico:  
psicóloga clínica, especialista em Terapia Sistêmica  
Tlm.: +351 933503470 e-Mail: [isabelle@ludovicosilva.com.br](mailto:isabelle@ludovicosilva.com.br)

Osmar Ludovico:  
diretor espiritual, pastor e escritor.  
e-Mail: [osmar@ludovicosilva.com.br](mailto:osmar@ludovicosilva.com.br)

Volker Schoch:  
Oferece alojamento em 3 quartos com cama de casal na casa dele em Castro Marim no Algarve.  
Tlm: +49 1 727307402 ou +351 910268221 Tel: +351 281101302  
e-Mail: [vschoch@t-online.de](mailto:vschoch@t-online.de)

Rosa Simões:  
(Encontro Shalom) oferece alojamento num quarto de casal na casa dela em Póvoa de Lanhoso.  
Tlm: +351 938986137 e-Mail: [antonioerosasimoes@gmail.com](mailto:antonioerosasimoes@gmail.com)

### **Na Europa:**

Syzygy Missions Support Network (Birmingham, England)  
<https://www.syzygy.org.uk/latest/>

One Another Ministries (England)  
<https://www.oneanother.com/contact/>

SentWell: Malaga, Spain  
<https://www.sentwell.org>

### **LOCAIS DE MEMBER CARE em Portugal:**

Casa de Hospitalidade (Descanso, Aconselhamento e Partilha Pastoral)  
Vacilius e Mara Santos:  
<https://linktr.ee/vacilius.santos>  
Tlm.: +351 930589374 e-Mail: [vaciliussantos@membercareportugal.pt](mailto:vaciliussantos@membercareportugal.pt)

Quartos na casa particular em Mondim de Basto  
Angela e Helcio Lange:  
Tlm.: +351 963638520 e-Mail: [angelalange@sapo.pt](mailto:angelalange@sapo.pt)

Apartamentos em Vila Real

Nina Ribeiro:

Tlm.: +41 764892024 e-Mail: [nina\\_ribeiro@hotmail.com](mailto:nina_ribeiro@hotmail.com)

Refúgio do Amanhecer (centro de retiros perto de Penafiel):

Marta Pego Pinto:

Tlm.: +351 934554724 e-Mail: [marta.pegopinto@agapeportugal.org](mailto:marta.pegopinto@agapeportugal.org)

<https://www.agapeportugal.org>

ReCanto da Fonte (centro de member care na Lourinhã):

Amrei Wehmeyer:

Tlm.: +351 964667213 e-Mail: [recantodafonte@gmail.com](mailto:recantodafonte@gmail.com)

Casa da Âncora (centro de member care na Praia Grande, Colares):

A partir de julho 2021:

Arlete Castro: Tlm.: +351 916608315 e-Mail: [arlete@sepal.org.br](mailto:arlete@sepal.org.br)

Abla Guesthouse Carcavelos

Tel.: +351 214548114 e-Mail: [geral@ablaquesthouse.org](mailto:geral@ablaquesthouse.org)

<https://ablaquesthouse.org>

Quinta Anema Lavre

Jan e Elisabeth Anema:

Tlm.: +351 967781032 ou +351 934734975

Tel.: +351 265894405 e-Mail: [anema@anema.com.pt](mailto:anema@anema.com.pt)

<https://www.anema.com.pt>

### **na Europa:**

A Lodging AMG International (Greece)

<http://www.zintsc.org>

Place (Cyprus) with Beverly Richardson, Ph.D.

e-Mail: [alodgingplace@gmail.com](mailto:alodgingplace@gmail.com)

<http://www.newsongchristiancounseling.com>

Barnabas Zentrum (Baden, Austria; Samobor, Croatia)

Telef.: +43 6 769358316 Tlm.: +1 9 702019400

<https://www.barnabaszentrum.com>

Schloss Heroldeck (Austria)

[https://www.pritchardwebpages.com/pritchardwebpages/websites/commercial\\_sites/ccre/austriaconf.html](https://www.pritchardwebpages.com/pritchardwebpages/websites/commercial_sites/ccre/austriaconf.html)

Heilbronn Member Care Center (Germany)

Counseling, mediation, coaching, plus other services

<https://www.membercarecenter.de>

Olive Tree Counselling Center (Antalya, Turkey)

e-Mail: [info@olivetrecounseling.org](mailto:info@olivetrecounseling.org)

<https://olivetrecounseling.org/>

Penhurt Retreat Centre (England)

<http://www.penhurst.org.uk>

Ashburnham Place (East Sussex, England)

<https://www.ashburnham.org.uk>

The Highbury Centre in London

<https://www.thehighburycentre.org>

The Hiding Place (England)

Telef.: +1 623 441 937 Tlm.: +1 7 769 941 273

e-Mail: [charlesandrachel@thehidingplace.fsnet.co.uk](mailto:charlesandrachel@thehidingplace.fsnet.co.uk)

Restored and Renewed – The Chateau (Lafauche, France)

<http://www.restoredandrenewedministry.com>

Le Château de Saint Albain (France)

<http://www.chateaustalbain.com>

Le Rucher (Geneva, France)

<https://lerucher.org>

Foyer le Pont (Paris, France)

Telef.: +33 145 425 121 e-Mail: [le-pontparis@wanadoo.fr](mailto:le-pontparis@wanadoo.fr)

The Good Book Oasis (Slovakia)

<https://lifeimpact.care/oasis-locations/>

Life Impact Ministries (Italy, Slovakia, Bulgaria)

<http://lifeimpactministries.net>

ServantCARE (Italy, and Scotland)

<https://www.servantcare.com/hospitality>

The Oaks Oasis (Italy)

e-Mail: [TheOaksOasis@gmail.com](mailto:TheOaksOasis@gmail.com)

<https://lifeimpact.care/the-oaks-oasis/>

Forterocca Christian Holiday and Conference Center (Italy)

<http://casaperferieforteroc.wix.com/forterocca>

Contact Sergio at e-Mail: [info@forterocca.it](mailto:info@forterocca.it)

Grima Christian Retreat House (Southeast Spain)

James ou Jane Burns Telef.: +44 1 275 846 678

e-Mail: [janeburns@blueyonder.co.uk](mailto:janeburns@blueyonder.co.uk) (put Grima on subject line)

Casa Nesca – Retreat Centre (Southern Spain)

<https://www.nescaretreatspain.org>

**CUIDADO DE FILHOS DE MISSIONÁRIOS:**

A Guide for Parents and Professionals

[http://www.aboutourkids.org/files/articles/crisis\\_guide02.pdf](http://www.aboutourkids.org/files/articles/crisis_guide02.pdf)

Interaction International (TCKs)

<https://interactionintl.org/about-us/>

SHARE children's educational needs

<https://www.shareeducation.org>

Missionary Kids Safety Network

<https://www.mksafetynet.net>

Children's ages are key

<https://askamissionary.com/family-single/preparing-children-for-overseas/>

What if my teenage kids don't want to move to the mission field?

<https://askamissionary.com/family-single/teenagers/>

When Your Missionary Teen Struggles

<https://www.alifeoverseas.com/when-your-missionary-teen-struggles/>

**ACONSELHAMENTO, TERAPIA E MEMBER CARE:**

Care Port Counseling (online)

<https://www.careportcounseling.org>

International Therapist Directory

<https://internationaltherapistdirectory.com>

WITS (Walking In Their Shoes) International

<http://www.witsinternational.com>

Global Counseling Network

<https://www.globalcounselingnetwork.com>

Godspeed Resource Connection

<https://www.godspeedresources.org>

Remote Mental Health Services

<https://www.remoteaccessmentalhealth.com> Alongside Cares

<https://www.alongsidecares.net>

Missionary Care

<https://www.missionary-care.org/index.html>

DeeperStill Ministries

<http://www.deeperstillmissions.com>

MissionaryCare.com /GO InterNational

<https://www.missionarycare.com>

Your Pathway Oxford, England  
e-Mail: [helen@WattsYourPathway.co.uk](mailto:helen@WattsYourPathway.co.uk)  
<https://www.wattsyourpathway.co.uk>

Wycliffe Member Care and Counseling Resources CDs on Various subjects:  
e-Mail: [Counseling\\_Ministries\\_USA@wycliffe.org](mailto:Counseling_Ministries_USA@wycliffe.org)

ServantCARE  
<http://www.servantcare.com>

### **OUTROS RECURSOS:**

Material para Reflexão (Debrief) em Português de Lisette Gabre, traduzido por Jovelina Cruz, Wânia Honmam, Marcus & Andréa Figueiredo:  
AVALIAÇÃO PARA O CUIDADO INTEGRAL:  
<https://membercareportugal.pt/wp-content/uploads/2021/04/AVALIACAO-PARA-OCUIDADO-INTEGRAL.pdf>

DEBRIEF APÓS EXPERIÊNCIA INCOMUM:  
<https://membercareportugal.pt/wp-content/uploads/2021/04/DEBRIEF-APOS-EXPERIENCIAINCOMUM.pdf>

DEBRIEF DE FINAL DE UM PERÍODO DE TRABALHO:  
<https://membercareportugal.pt/wp-content/uploads/2021/04/DEBRIEF-DE-FINAL-DE-UMPERIODO-DE-TRABALHO.pdf>

DEBRIEF DE ENCERRAMENTO TCK (ADOLESCENTES):  
<https://membercareportugal.pt/wp-content/uploads/2021/04/DEBRIEF-DE-ENCERRAMENTOTCK.pdf>

VCH – Assoc. of Christian Hotels (Germany, Switzerland, Austria, Italy, Brittan and Poland)  
<https://www.vch.de>  
<https://www.vch.ch/en/hotelverband-vch/verband-en>

Christian Hospitality Network  
<https://thechn.org/missionary-getaways/>

Come before Winter (various locations)  
<https://www.comebeforewinter.org>

THRIVE (some scholarships available)  
<https://www.thriveministry.org>  
<https://www.hospitalityhomes.org>  
[https://pastorswives.org/resource\\_directory/pastors\\_wives\\_family\\_retreats](https://pastorswives.org/resource_directory/pastors_wives_family_retreats)

Mobile Member Care Toolbox (MMCT)  
<https://www.mmct.org>

Mental Health and Missions Conference in USA:  
<https://www.mti.org/conferences/mental-health-and-missions/>  
<https://www.healthlink360.org>  
<https://www.griefshare.org>

From Apprehension to Quietly Confident (Online Reentry Course)  
<https://wattsyourpathway.thinkific.com/courses/quietly-confident>

Online Quiz and Interpretation

<https://www.resiliencyquiz.com/index.shtml>

Listing of International Rape Crisis Hotlines

<http://www.ibiblio.org/rcip/internl.html#mid>

Suicide Hotlines – International Guide

<http://www.suicide.org/international-suicide-hotlines.html>

Lidar com a pornografia

<https://safersurfing.org/loveismore-pt/>

<https://fightthenewdrug.org/>

English Resources, Articles And E-Books

<https://crossculturalworkers.com>

## **FORMAÇÃO:**

[https://ncfliving.org/what\\_we\\_do/counseling-member-care-seminar.html](https://ncfliving.org/what_we_do/counseling-member-care-seminar.html)

<https://www.resilientexpat.co.uk/index.html>

<https://lifelearner.net>

<https://www.cityvision.edu>

<https://www.coachingmission.com>