

Esta lista não é exaustiva. Se souberem de mais contactos de pessoas ou entidades, especialmente de língua portuguesa, agradecemos que nos enviem essa informação para: [geral@membercareportugal.pt](mailto:geral@membercareportugal.pt)

O Member Care Portugal não se responsabiliza pelo conteúdo do apoio oferecido pelas entidades e pessoas alistadas ou pela sua ética e conduta profissional. Apenas informamos acerca da disponibilidade de oferecerem seu serviço e apoio a pastores, missionários, líderes e as suas famílias.

**NETWORKS:**

<http://gmcn.globalmembercare.com>

<https://www.membercare.eu>

<https://daybreak-academy.org/member-care-centres-europe/>

**QUEM OFERECE MEMBER CARE:****Em Portugal:**

Arlete Castro:

Psicóloga Clínica e do aconselhamento especialização em Intervenção Terapêutica  
Cuidado de filhos de missionários

<https://open.spotify.com/show/5Oov6lrgLPTv3YnUSWeJl5>

Tlm.: +351 916 608 315

e-Mail: [arlete.a.castro@gmail.com](mailto:arlete.a.castro@gmail.com)

Mena Santos Galvão:

Counselling

<http://www.lisboacounselling.com>

Tlm.: +351 914 971 340

António Rodolpho:

Espiritualidade, interculturalidade, vida e ministério

Tlm.: +351 916 819 003

e-Mail: [antonio.rodolpho@gmail.com](mailto:antonio.rodolpho@gmail.com)

Amrei Wehmeyer:

Aconselhamento Cristão, Revisão ministerial, Descanso acompanhado

Tlm.: +351 964 667 213

e-Mail: [amrei.wehmeyer@gmail.com](mailto:amrei.wehmeyer@gmail.com)

Robert Fife:

Vida Familiar do pastor

Tlm.: +351 917 644 401

e-Mail: [robertofife@gmail.com](mailto:robertofife@gmail.com)

Adil e Érica Reis  
Aconselhamento Bíblico e Pastoral  
Telemóvel: +351 939688402  
e-Mail: [reis.adil@hotmail.com](mailto:reis.adil@hotmail.com)

Bertina Tomé:  
Psicóloga Clínica  
Tlm.: +351 916 709 069 (deixar mensagem escrita)  
e-Mail: [bertinatome@gmail.com](mailto:bertinatome@gmail.com)

Isabelle Ludovico:  
Psicóloga Clínica, especialista em Terapia Sistémica  
Tlm.: +351 933 503 470  
e-Mail: [isabelle@ludovicosilva.com.br](mailto:isabelle@ludovicosilva.com.br)

Osmar Ludovico:  
Diretor espiritual, Pastor e Escritor.  
e-Mail: [osmar@ludovicosilva.com.br](mailto:osmar@ludovicosilva.com.br)

## Na Europa:

Syzygy Missions Support Network (Birmingham, England)  
<https://www.syzygy.org.uk/latest/>

One Another Ministries (England)  
<https://www.oneanother.com/contact/>

SentWell: Malaga, Spain  
<https://www.sentwell.org>

## LOCAIS DE MEMBER CARE

### em Portugal:

Adil e Érica Reis  
Apartamento / alojamento em casa deles e Aconselhamento Bíblico e Pastoral  
Telemóvel: +351 939688402  
e-Mail: [reis.adil@hotmail.com](mailto:reis.adil@hotmail.com)

Parque Discovery  
alojamento em várias casas no Parque Discovery em Mafra  
Alex e Christiane vom Stein  
Telemóvel: +351 968448943  
e-Mail: [mailto:bookings@discovery.pt](mailto:mailto:bookings@discovery.pt)  
<https://discovery.pt>

Volker Schoch  
oferece alojamento em 3 quartos com cama de casal na casa dele em Castro Marim no Algarve.  
e-Mail: [vschoch@t-online.de](mailto:vschoch@t-online.de)  
Telemóvel: +49 1 727 307 402 ou +351 910 268 221  
Telefone: +351 281 101 302

Rosa Simões:

(Encontro Shalom) oferece alojamento num quarto de casal na casa dela em Póvoa de Lanhoso.

e-Mail: [antonioerosasimoes@gmail.com](mailto:antonioerosasimoes@gmail.com)

Telemóvel: +351 938 986 137

Angela e Helcio Lange (quartos na casa deles em Mondim de Basto):

Tlm.: +351 963 638 520

e-Mail: [angelalange@sapo.pt](mailto:angelalange@sapo.pt)

Nina Ribeiro (apartamentos em Vila Real):

Tlm.: +41 764 892 024

e-Mail: [nina\\_ribeiro@hotmail.com](mailto:nina_ribeiro@hotmail.com)

Refúgio do Amanhecer (centro de retiros perto de Penafiel):

Marta Pego Pinto:

Tlm.: +351 934554724

e-Mail: [marta.pegopinto@agapeportugal.org](mailto:marta.pegopinto@agapeportugal.org)

<https://www.agapeportugal.org>

Associação Cascatas (centro de retiros perto de Caldas da Rainha):

Vacilius e Mara Lima:

<https://linktr.ee/vacilius.lima>

Vacilius Lima:

Tlm.: +351 930 589 374

e-Mail: [associacaocascatas@gmail.com](mailto:associacaocascatas@gmail.com)

ReCanto da Fonte (centro de member care na Lourinhã):

Amrei Wehmeyer:

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e-Mail: [recantodafonte@gmail.com](mailto:recantodafonte@gmail.com)

Casa da Âncora (centro de member care na Praia Grande, Colares):

Arlete Castro:

Tlm.: +351 916 608 315

e-Mail: [arlete@sepal.org.br](mailto:arlete@sepal.org.br)

Abla Guesthouse Carcavelos:

Telef.: +351 214 548 114

e-Mail: [geral@ablaguesthouse.org](mailto:geral@ablaguesthouse.org)

<http://ablaguesthouse.org>

Quinta Anema Lavre:

Jan e Elisabeth Anema:

e-Mail: [anema@anema.com.pt](mailto:anema@anema.com.pt)

Telef.: +351 265 894 405

Tlm.: +351 967 781 032

Tlm.: +351 934 734 975

<http://www.anema.com.pt>

**na Europa:**

A Lodging AMG International (Greece)

<http://www.zintsc.org>

Place (Cyprus) with Beverly Richardson, Ph.D.

e-Mail: [alodgingplace@gmail.com](mailto:alodgingplace@gmail.com)

<http://www.newsongchristiancounseling.com>

Barnabas Zentrum (Baden, Austria; Samobor, Croatia)

Telef.: +43 6 769 358 316

Tlm.: +1 9 702 019 400

<https://www.barnabaszentrum.com>

Schloss Heroldeck (Austria)

[https://www.pritchardwebpages.com/pritchardwebpages/websites/commercial\\_sites/ccre/austriaconf.html](https://www.pritchardwebpages.com/pritchardwebpages/websites/commercial_sites/ccre/austriaconf.html)

Heilbronn Member Care Center (Germany)

Counseling, mediation, coaching, plus other services

<https://www.membercarecenter.de>

Olive Tree Counselling Center (Antalya, Turkey)

e-Mail: [info@olivetrecounseling.org](mailto:info@olivetrecounseling.org)

<https://olivetrecounseling.org/>

Penhurt Retreat Centre (England)

<http://www.penhurst.org.uk>

Ashburnham Place (East Sussex, England)

<https://www.ashburnham.org.uk>

The Highbury Centre in London

<https://www.thehighburycentre.org>

The Hiding Place (England)

Telef.: +1 623 441 937

Tlm.: +1 7 769 941 273

e-Mail: [charlesandrachel@thehidingplace.fsnet.co.uk](mailto:charlesandrachel@thehidingplace.fsnet.co.uk)

Restored and Renewed – The Chateau (Lafauche, France)

<http://www.restoredandrenewedministry.com>

Le Château de Saint Albain (France)

<http://www.chateaustalbain.com>

La Rucher (Geneva, France)

<https://lerucher.org>

Foyer le Pont (Paris, France)

Telef.: +33 145 425 121

e-Mail: [le-pontparis@wanadoo.fr](mailto:le-pontparis@wanadoo.fr)

The Good Book Oasis (Slovakia)

<https://lifeimpact.care/oasis-locations/>

Life Impact Ministries (Italy, Slovakia, Bulgaria)

<http://lifeimpactministries.net>

ServantCARE (Italy, and Scotland)

<https://www.servantcare.com/hospitality>

The Oaks Oasis (Italy)

e-Mail: [TheOaksOasis@gmail.com](mailto:TheOaksOasis@gmail.com)

<https://lifeimpact.care/the-oaks-oasis/>

Forterocca Christian Holiday and Conference Center (Italy)

<http://casaperferieforteroc.wix.com/forterocca>

Contact Sergio at

e-Mail: [info@forterocca.it](mailto:info@forterocca.it)

Grima Christian Retreat House (Southeast Spain)

James ou Jane Burns

Telef.: +44 1 275 846 678

e-Mail: [janeburns@blueyonder.co.uk](mailto:janeburns@blueyonder.co.uk) (put Grima on subject line)

Casa Nesca – Retreat Centre (Southern Spain)

<https://www.nescaretreatspain.org>

### **CUIDADO DE FILHOS DE MISSIONÁRIOS:**

A Guide for Parents and Professionals

[http://www.aboutourkids.org/files/articles/crisis\\_guide02.pdf](http://www.aboutourkids.org/files/articles/crisis_guide02.pdf)

Interaction International (TCKs)

<https://interactionintl.org/about-us/>

SHARE children's educational needs

<https://www.shareeducation.org>

Missionary Kids Safety Network

<https://www.mksafetynet.net>

Children's ages are key

<https://askamissionary.com/family-single/preparing-children-for-overseas/>

What if my teenage kids don't want to move to the mission field?

<https://askamissionary.com/family-single/teenagers/>

When Your Missionary Teen Struggles

<https://www.alifeoverseas.com/when-your-missionary-teen-struggles/>

### **ACONSELHAMENTO, TERAPIA E MEMBER CARE:**

Care Port Counseling (online)

<https://www.careportcounseling.org>

International Therapist Directory

<https://internationaltherapistdirectory.com>

WITS (Walking In Their Shoes) International

<http://www.witsinternational.com>

Global Counseling Network

<https://www.globalcounselingnetwork.com>

Godspeed Resource Connection

<https://www.godspeedresources.org>

Remote Mental Health Services

[www.remoteaccessmentalhealth.com](http://www.remoteaccessmentalhealth.com)

Alongside Cares

<https://www.alongsidecares.net>

Missionary Care

<https://www.missionary-care.org/index.html>

DeeperStill Ministries

<http://www.deeperstillmissions.com>

MissionaryCare.com /GO InterNational

<https://www.missionarycare.com>

Your Pathway Oxford, England

e-Mail: [helen@WattsYourPathway.co.uk](mailto:helen@WattsYourPathway.co.uk)

<https://www.wattsyourpathway.co.uk>

Wycliffe Member Care and Counseling Resources CDs on Various subjects:

e-Mail: [Counseling Ministries USA@wycliffe.org](mailto:Counseling_Ministries_USA@wycliffe.org)

ServantCARE

<http://www.servantcare.com>

## **OUTROS RECURSOS:**

Material para Reflexão (Debrief) em Português de Lisette Gabre, traduzido por Jovelina Cruz, Wânia Honmam, Marcus & Andréa Figueiredo:

AVALIAÇÃO PARA O CUIDADO INTEGRAL:

<https://membercareportugal.pt/wp-content/uploads/2021/04/AVALIACAO-PARA-O-CUIDADO-INTEGRAL.pdf>

DEBRIEF APÓS EXPERIÊNCIA INCOMUM:

<https://membercareportugal.pt/wp-content/uploads/2021/04/DEBRIEF-APOS-EXPERIENCIA-INCOMUM.pdf>

DEBRIEF DE FINAL DE UM PERÍODO DE TRABALHO:

<https://membercareportugal.pt/wp-content/uploads/2021/04/DEBRIEF-DE-FINAL-DE-UM-PERODO-DE-TRABALHO.pdf>

DEBRIEF DE ENCERRAMENTO TCK (ADOLESCENTES):

<https://membercareportugal.pt/wp-content/uploads/2021/04/DEBRIEF-DE-ENCERRAMENTO-TCK.pdf>

VCH – Assoc. of Christian Hotels (Germany, Switzerland, Austria, Italy, Brittan and Poland)

<http://www.vch.de>

<https://www.vch.ch/en/hotelverband-vch/verband-en>

Christian Hospitality Network

<https://thechn.org/missionary-getaways/>

Come before Winter (various locations)

<https://www.comebeforewinter.org>

THRIVE (some scholarships available)

<http://www.thriveministry.org>

<http://www.hospitalityhomes.org>

[http://pastorswives.org/resource\\_directory/pastors\\_wives\\_family\\_retreats](http://pastorswives.org/resource_directory/pastors_wives_family_retreats)

Mobile Member Care Toolbox (MMCT)

<http://www.mmct.org>

Mental Health and Missions Conference in USA:

<https://www.mti.org/conferences/mental-health-and-missions/>

<https://www.healthlink360.org>

<https://www.griefshare.org>

From Apprehension to Quietly Confident (Online Reentry Course)

<https://wattsyourpathway.thinkific.com/courses/quietly-confident>

Online Quiz and Interpretation

<https://www.resiliencyquiz.com/index.shtml>

Listing of International Rape Crisis Hotlines

<http://www.ibiblio.org/rcip//internl.html#mid>

Suicide Hotlines – International Guide

<http://www.suicide.org/international-suicide-hotlines.html>

Lidar com a pornografia

<https://safersurfing.org/loveismore-pt/>

<https://fightthenewdrug.org/>><https://fightthenewdrug.org>

English Resources, Articles And E-Books

<https://crossculturalworkers.com>

## **FORMAÇÃO:**

[https://ncfliving.org/what\\_we\\_do/counseling-member-care-seminar.html](https://ncfliving.org/what_we_do/counseling-member-care-seminar.html)

<https://www.resilientexpat.co.uk/index.html>

<https://lifelearner.net>

<https://www.cityvision.edu>

<https://www.coachingmission.com>